

New Hartford Little League (NHLL) Coaches Job Description and Agreement

You and your team's Manager are the most important people in our organization. Together, you determine the kind of experience our athletes have with little league. NHLL is committed to the principles of positive coaching and expect our Coaches (and Managers) to be "Double-Goal Coaches*" who want to win AND help players learn "life lessons" and positive character traits from their little league experience. The following is what will be expected from you and your team's Manager during the coming season:

- Take the time to review and familiarize yourself with the Double-Goal* Coaching approach.
- Model and teach your players to *Honor the Game* by teaching the elements of ROOTS
 - (Respect to Rules, Opponents, Officials, Teammates and one's Self)
 - Ensure that both your players and their parent's understand what this means and how they all can play a part in this.
- Help players redefine what it means to be a "Winner" (Mastery, not just the Scoreboard)
 - Stress that Effort, Learning and bouncing back from Mistakes are components of being a "Winner"
 - Provide athletes tools to help them with Mastery (e.g. Team Mistake Rituals, Effort Goals, etc.)
- Recognize the importance of and help fill your athlete's *Emotional Tanks*
 - Encouragement and positive reinforcement should be your primary method of motivation.
 - Strive to have 5 positive reinforcements to each criticism or correction.
 - Employ "fun activities" during practice to ensure players enjoy their baseball experience.
- Conduct regular *Team Meetings*
 - Encourage conversation amongst the team to reinforce the elements of Honoring the Game, Mastery and Emotional Tanks.
- Follow all Little League Baseball, Inc. and local NHLL rules, as printed.
- Be proactive and participate in all NHLL activities including fund raisers and special programs.
- Ensure that your team and coaches participate in opening and closing ceremonies, etc.
- Abstain from using alcohol or tobacco products surrounding any involvement with the athletes including games, practices or little league functions.
- Always act in the best interest of NHLL.
- Assist the team Manager with their responsibility for NHLL property including uniforms and equipment and ensure that any property entrusted to your team is returned to the Safety and Equipment Manager within two weeks of your team's final game.
- Understand that at the end of the playing season, NHLL will survey your players and their parents to evaluate their NHLL experience and that those results will be shared with you.

*The Double-Goal Coaching method offers an online course provided by the Positive Coaching Alliance (www.positivecoach.com) that includes an annual certification. A summary of the program is available to you upon request.

NHLL looks forward to the upcoming season and working together with you to provide an exciting and positive experience with LL baseball for our young athletes, their families and you!

With your signature below, you accept the responsibilities outlined above and submit to a background check. You further acknowledge that the NHLL Board of Directors, at its sole discretion, shall have the authority to discipline, suspend or terminate your association with NHLL. Any decision by the NHLL Board of Directors shall be final and binding.

Coaches Name (Please Print)

Coaches Signature

Date

NHLL President's Approval

Date